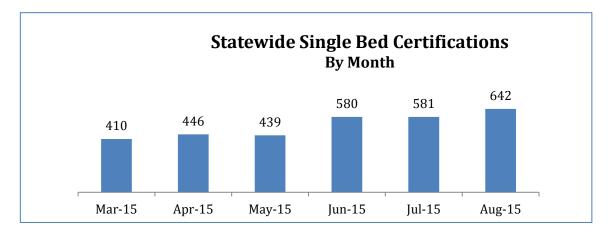
Washington State Department of Social and Health Services

Behavioral Health & Service Integration Administration

Single Bed Certification Quarterly Update December 2015



A single bed certification permits a person to be detained under the mental health Involuntary Treatment Act (ITA) to temporarily receive services from a <u>licensed facility</u> that is not currently certified to treat involuntary clients under WAC 388-865-0500. When someone is detained, they must be placed in a certified evaluation and treatment (E&T) bed or a bed certified under the single bed certification process. Single bed certifications require that the facility be willing and able to provide timely and appropriate mental health treatment.



- Partnerships with community hospitals, when they can provide timely and appropriate mental health services, can allow for coordinated care where consumers live.
- In the six-month period above, 70% of single bed certifications were authorized in hospitals with a psychiatric unit, a psychiatric hospital, or a general Hospital.
- The number of hospitals that are willing and able to provide appropriate mental health services have increased since December 2014 from 36 to 62.
- From June 2015 through August 2015, 16% of single bed certifications were requested for people who were expected to be discharged within 30 days, and when being at a community mental health treatment center would facilitate continuity of care.
- Single bed certification requests, for medical services not generally available at an evaluation and treatment center, ranged from 3% to 16% from March through August 2015.



Washington State Department of Social and Health Services

Single Bed Certification Quarterly Update

Transforming Lives

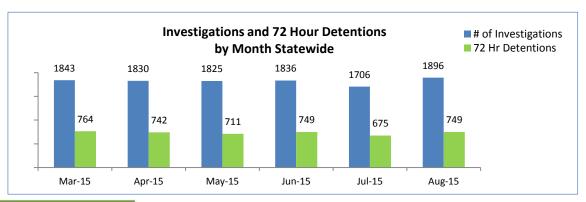
Investigations and 72 Hour Holds

Designated Mental Health Professionals (DMHPs) investigate and evaluate people with mental health disorders to see if they meet the legal criteria for involuntary detention. "Detention" or "detain" means the lawful confinement of a person, under the provisions of RCW 71.05.

An investigation occurs when a DMHP receives information alleging that someone with a mental health disorder presents a likelihood of serious harm or is gravely disabled. The DMHP may file a petition for initial detention after personally interviewing the person, and determining whether he or she will voluntarily receive evaluation and treatment.

Investigations and 72 Hour Holds by RSN by Month

RSN	Mar-15		Apr-15		May-15		June-15		July-15		Aug-15	
	Inv	72 Hr Hold	Inv	72 Hr Hold	Inv	72 Hr Hold	Inv	72 Hr Hold	Inv	72 Hr Hold	Inv	72 Hr Hold
Chelan Douglas	63	23	55	20	51	13	50	18	42	18	31	15
Grays Harbor	24	16	38	26	46	21	50	30	21	29	48	26
Greater Columbia	77	53	70	45	48	41	44	35	54	50	55	42
King	551	287	567	297	550	281	539	271	500	275	608	319
North Sound	333	105	347	116	316	110	313	116	358	118	325	119
Optum Pierce	137	62	108	40	131	53	152	54	130	72	154	26
Peninsula	113	34	118	30	105	26	137	37	112	33	131	31
Southwest WA	82	29	87	38	104	29	106	36	54	13	59	14
Spokane	287	112	288	88	323	108	300	88	252	87	267	65
Thurston-Mason	156	42	141	44	133	26	121	36	150	32	163	39
Timberlands	22	6	14	2	18	3	31	8	33	4	43	6
TOTAL	1845	769	1833	746	1825	711	1843	729	1706	731	1884	702





Washington State Department of Social and Health Services

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Certifications by Criteria

For full description of criteria, <u>See WAC 388-865-0526</u>.

Criteria/Reason	Count							
	Mar 2015	Apr 2015	May 2015	June 2015	July 2015	Aug 2015		
Consumer can receive appropriate evaluation and treatment in a residential treatment facility defined under Chapter 246-337 WAC	15	19	22	16	8	8		
Consumer can receive appropriate evaluation and treatment in one of the following:								
1. A hospital with a psychiatric unit	106	121	127	178	187	215		
2. A psychiatric hospital	19	25	31	32	32	39		
A hospital willing and able to provide timely and appropriate MH treatment	121	167	126	222	201	253		
4. Non specified			1	2				
Subtotals	246	313	285	434	420	507		
Consumer is expected to be ready for discharge within 30 days and being at a community facility would facilitate continuity of care.	80	62	74	80	104	98		
Consumer requires Medical Services that are not generally available at a facility certified under WAC 388-865-0526.	65	47	57	43	37	24		
Other – (blanks, jail hold, unknown, missing detail)	4	2	1	7	11	4		
TOTALS	410	446	439	580	581	642		



Single Bed Certification Quarterly Update December 2015



Single Bed Certifications by RSN and Month										
RSN	Mar-15 Apr-15		May-15	June-15	July-15	Aug-15				
Chelan-Douglas	16	14	9	16	13	15				
Grays Harbor	0	1	1	0	0	0				
Greater Columbia	1	1	0	1	1	1				
King	114	164	141	226	229	279				
North Sound	54	60	63	114	115	115				
Optum/Pierce	25	19	19	19	29	28				
Peninsula	24	39	31	44	25	32				
Southwest WA	6	4	2	8	3	9				
Spokane	95	76	119	84	90	89				
Thurston-Mason	13	22	11	13	12	25				
Timberlands	0	0	1	0	0	0				
*Facility	62	46	42	55	64	49				
TOTALS	410	446	439	580	581	642				

^{*}Facility initiated requests for Single Bed Certifications are for 90 day and 180 day commitments for individuals awaiting placement at a state hospital or Children's Long Term Inpatient Program (CLIP).

The next quarterly report will be posted in March 2016.

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